



## **Services For Professionals and Specialists**

### **Supporting our Supporters**

Are you working in the mental healthcare sector, or are you a frontline staff member? Sometimes those in a supportive role need their own support too; we can help.

We provide a number of different services for professionals and specialists. From receiving the support you need to work ethically and safely, via consulting with fellow professionals who can help you manage your workload to building your professional skills and expertise through training, we can support you.

#### **How we can help you:**

##### **Supervision**

Discuss your work with an experienced therapist and supervisor, to ensure that you are working ethically and safely and to ensure you are managing your workload.

##### **Consultation**

Gain insight and expertise into your cases by consulting with our clinical team who between them have many different skillsets and years of experience.

##### **Training**

We can create bespoke training courses for your needs. Some examples of courses we run are: trauma informed practice, life-story work, suicide and self-harm.

##### **Student Therapist Placements**

We can provide placements and support in Essex and surrounding counties for the next generation of therapists.

**CONTACT US**

07454953908

[hello@inspirewellbeingservices.co.uk](mailto:hello@inspirewellbeingservices.co.uk)

