

INSPIRE WELLBEING SERVICES

IMPACT REPORT
MAY 2025 – APRIL 2026

Total of 1354 delivery hours

901 hours of therapeutic support

Total of 162 individuals supported

54 new referrals sent into the service

36 therapists have worked directly with service users

Working with a range of 31 presenting issues

46% of service users were under 18 years old and 54% were over 18 years old

58% of service users were female and 42% were male

Over 74% of clients presented with 4+ issues